



WELCOME TO
GRACE

We are so glad you are here!



Came to My R-escape

Hillsong // CCLI #4705190



Falling on my knees in worship

Giving all I am to seek your face

Lord all I am is yours



My whole life I place in your hands

God of Mercy humbled I bow down

In your presence at your throne



I called you answered

And you came to my rescue and I

Wanna be where you are



My whole life I place in your hands

God of Mercy humbled I bow down

In your presence at your throne



I called you answered

And you came to my rescue and I

Wanna be where you are



I called you answered

And you came to my rescue and I

Wanna be where you are



In my life be lifted high

In our world be lifted high

In our love be lifted high



In my life be lifted high

In our world be lifted high

In our love be lifted high



In my life be lifted high

In our world be lifted high

In our love be lifted high



I called you answered

And you came to my rescue and I

Wanna be where you are



When My Heart is Torn Asunder

Phil Wickham // CCLI #7003127



When my heart is torn asunder

And my world just falls apart

Lord You put me back together

And lift me up to where You are



There is hope

Beyond the suffering

Joy beyond the tears



Peace in every tragedy

Love that conquers fear

I have found redemption

In the blood of Christ



My body might be dying

But I'll always be alive



You have turned mourning to dancing

You have covered me with grace

The struggle here may last a moment

But life with You will last always



There is hope

Beyond the suffering

Joy beyond the tears



Peace in every tragedy

Love that conquers fear

I have found redemption

In the blood of Christ



My body might be dying

But I'll always be alive



When the age of death is over

And this world has been reborn

I'll be there beside my Savior

This is our grace and rich reward



There is hope

Beyond the suffering

Joy beyond the tears



Peace in every tragedy

Love that conquers fear

I have found redemption

In the blood of Christ



My body might be dying

But I'll always be alive



Jesus Paid It All

Hymn // CCLI #4689508



I hear the savior say

Thy strength indeed is small

Child of weakness, watch and pray

Find in me thine all in all



Jesus paid it all, all to him I owe

Sin had left a crimson stain

He washed it white as snow



Lord, now indeed I find

Thy power and thine alone

Came and changed the lepers spots

And it melt the heart of stone



Jesus paid it all, all to him I owe

Sin had left a crimson stain

He washed it white as snow



And when before the throne

I stand in him complete

Jesus died my soul to save

My lips shall still repeat



Jesus paid it all, all to him I owe

Sin had left a crimson stain

He washed it white as snow



Oh, praise the one who paid my debt

And raises life up from the dead

Oh, praise the one who paid my debt

And raises life up from the dead



Oh, praise the one who paid my debt

And raises life up from the dead

Oh, praise the one who paid my debt

And raises life up from the dead



Jesus paid it all, all to him I owe

Sin had left a crimson stain

He washed it white as snow



Forever Reign

Hillsong // CCLI #5639997



*You are good, You are good
When there's nothing good in me
You are love, You are love
On display for all to see*



You are Light, You are Light

When the darkness closes in

You are hope, You are hope

You have covered all my sin



You are peace, You are peace

When my fear is crippling

You are true, You are true

Even in my wandering



You are joy, You are joy

You're the reason that I sing

You are life, You are life,

In You death has lost its sting



Oh, I'm running to Your arms,

I'm running to Your arms.

The riches of Your love



Will always be enough

Nothing compares to Your embrace

Light of the world forever reign



*You are more, You are more
Than my words will ever say
You are Lord, You are Lord
All creation will proclaim*



You are here, You are here

In Your presence I'm made whole

You are God, You are God

Of all else I'm letting go



Oh, I'm running to Your arms,

I'm running to Your arms.

The riches of Your love



Will always be enough

Nothing compares to Your embrace

Light of the world forever reign



Oh, I'm running to Your arms,

I'm running to Your arms.

The riches of Your love



Will always be enough

Nothing compares to Your embrace

Light of the world forever reign



My heart will sing

No other Name

Jesus, Jesus



My heart will sing

No other Name

Jesus, Jesus



My heart will sing

No other Name

Jesus, Jesus



My heart will sing

No other Name

Jesus, Jesus



Oh, I'm running to Your arms,

I'm running to Your arms.

The riches of Your love



Will always be enough

Nothing compares to Your embrace

Light of the world forever reign



Thanks for singing!

Go ahead and take a seat.

A large, dark, textured brushstroke graphic that serves as a background for the text. It is contained within a gold rectangular border.

STORIES OF
GRACE



*Anxiety in a man's heart weighs him
down, but a good word makes him
glad.*

Proverbs 12:25 ESV



Thanks for listening!

The main teaching will begin shortly.



LIFE IS

MESSY

"Stress"

By Austin Beidelman



main idea

Trust in God and He will
help your stress

STRESS

*a state of mental or emotional
strain or tension resulting from adverse
or very demanding circumstances*

outline

- Stress is not a sin
- Stress is not always bad
- God cares about your stress



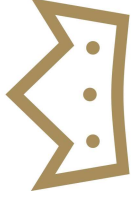
#1

Stress is not a sin



*Man who is born of a woman is few of
days and full of trouble.*

Job 14:1 ESV



stress is not a sin

- Stress is a natural part of life
 - It's going to happen



Stress is not a sin

- Getting stressed out - feeling anxiety - is not a sin
 - There are ways we can handle stress poorly that could cause us to sin
 - It's possible that the cause of stress is sin in our lives.



#2

Stress is not
always bad



stress is not always bad

- Stress can be a good thing in our lives





stress is not always bad

- Stress can be a good thing in our lives
 - It can show us areas of our lives where we need to grow or change



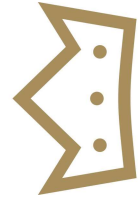


JAMES 1:2 ESV



*Consider it all joy, my brothers, when
you meet trials of various kinds*





*for you know that the testing of your
faith produces steadfastness.*

JAMES 1:3 ESV

Stress is not always bad

- Stress can be a good thing in our lives
 - It can show us areas of our lives where we need to grow or change
 - God uses trials and stressful events to help us grow



#3

God cares about
your stress



#3

God cares about
~~your stress~~
you





Luke 12:6 ESV



Are not five sparrows sold for two pennies? And not one of them is forgotten before God.



Why, even the hairs of your head are all numbered. Fear not; you are of more value than many sparrows.

Luke 12:7 ESV



I took you from the ends of the earth, from its farthest corners I called you, I said, 'You are my servant'; I have chosen you and have not rejected you.

Isaiah 41:9 ESV



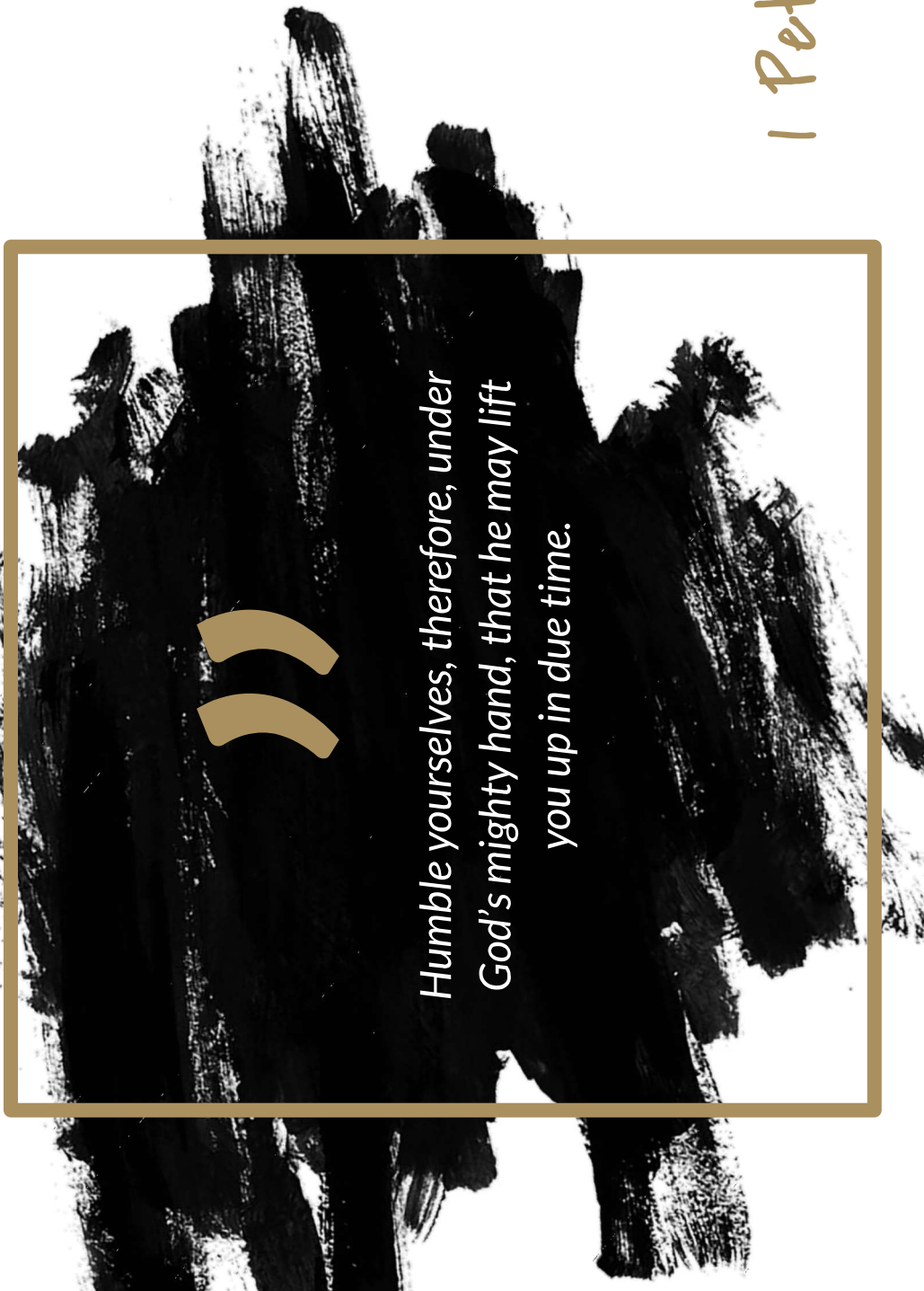
*Fear not, for I am with you; be
not dismayed, for I am your God;
I will strengthen you, I will help
you, I will uphold you with my
righteous right hand.*

ISAIAH 41:10 ESV

God cares about you

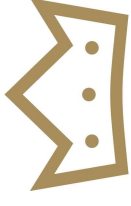
- We can trust God with our stress
 - We can cast our worries and cares on Him
 - He cares for us - He loves us
 - He is in control

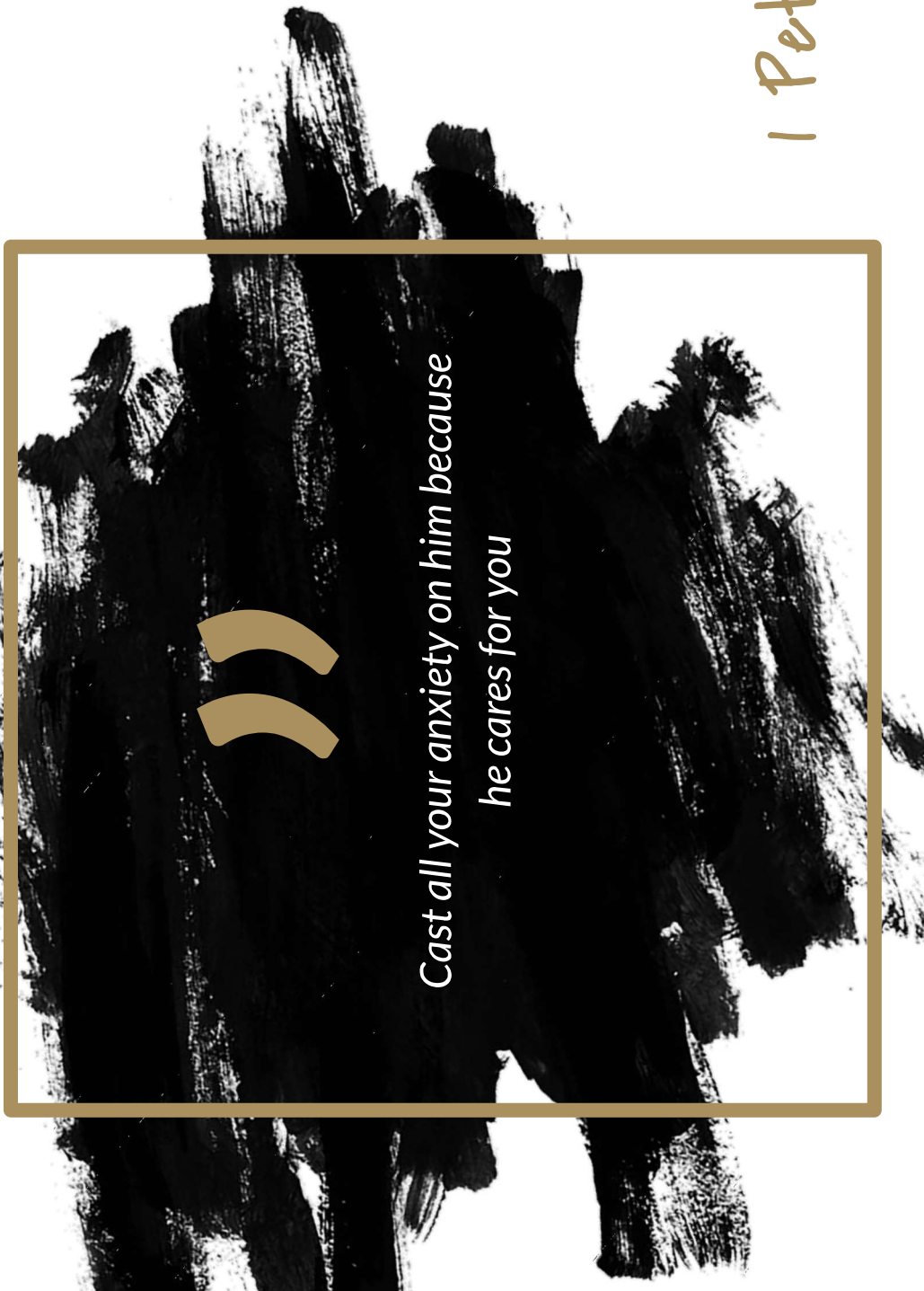




*Humble yourselves, therefore, under
God's mighty hand, that he may lift
you up in due time.*

1 Peter 5:6 NIV





*Cast all your anxiety on him because
he cares for you*

1 Peter 5:7 NIV





*Keep your life free from love of
money, and be content with what you
have, for he has said, 'I will never
leave you nor forsake you.'*

Hebrews 13:5 ESV




Hebrews 13:6 ESV



So we can confidently say, 'The Lord is my helper; I will not fear; what can man do to me?'





*You keep him in perfect peace whose
mind is stayed on you, because he
trusts in you.*

Isaiah 26:3 ESV



*Let us then with confidence draw near
to the throne of grace, that we may
receive mercy and find grace to help in
time of need.*

Hebrews 4:16 ESV

conclusion

Trust in God and He will
help your stress





ANNOUNCEMENTS

09.20.2020

Register

Don't forget to register for church each week! This is a protocol implemented recently in accordance with COVID-19 regulations recommended by local government and university. You can be a big help by continuing to register each week before coming.

www.wlgrace.org/sundays



Convergence

Join us for a weekend of teachings and fellowship at our annual fall retreat! Registration can be found on the church website.

Theme // Changing the Story

When & Where // October 9-11 at Cary Camp



Day of Prayer

We will be holding an online prayer meeting with our sister church in Indianapolis in on Saturday (09.26.2020). From the hours of 11 am to 2 pm, we will join together in a time of seeking God as we observe a national day of prayer.

For more information, talk to Fred Douglas.





THANKS FOR
JOINING



*Make sure to like and share
this teaching on social media!*

